

## PSHE Key Stage 3 Assessment Grid 2026

What	<b>Foundation</b> <b>Identify &amp; Recall</b>	<b>Developing</b> <b>Explain &amp; Describe</b>	<b>Secure</b> <b>Interpret &amp; Analyse</b>	<b>Excelling</b> <b>Respond &amp; Evaluate</b>
<b>Wellbeing and Health</b>	<ul style="list-style-type: none"> <li>• I can identify factors that affect PIES health.</li> <li>• I can give some reasons people make safe and unsafe choices.</li> <li>• I can list some support services</li> <li>• I can state why social media and other influences affect health choices.</li> <li>• I can identify the features of unsafe substances.</li> </ul>	<ul style="list-style-type: none"> <li>• I can explain my opinion with a one-sided argument</li> <li>• I can describe what contributes to a healthy concept.</li> <li>• I can describe why peers influence unsafe choices.</li> <li>• I can describe how support services support me.</li> <li>• I can explain the impact of social media on lifestyle choices.</li> </ul>	<ul style="list-style-type: none"> <li>• I can compare different strategies to managing pressure.</li> <li>• I can evaluate the benefits of comparative opinions.</li> <li>• I can evaluate the validity of sources of support and information</li> <li>• I can select the appropriate initiatives to support my needs.</li> </ul>	<ul style="list-style-type: none"> <li>• I can demonstrate different techniques to positively manage risks from peers.</li> <li>• I can critically evaluate and amend my actions as a response.</li> <li>• I can advise others with coherent and well-founded argument.</li> <li>• I can independently and confidently take action to promote emotional wellbeing.</li> </ul>
<b>Relationships</b>	<ul style="list-style-type: none"> <li>• I can identify what contraception is for.</li> <li>• I can recognise healthy and unhealthy relationship traits. (poor communication)</li> <li>• I can describe how to prevent pregnancy.</li> <li>• I can identify pressure and expectations on relationships.</li> <li>• I know what consent is.</li> <li>• I can describe what conflict means and simple ways to reduce conflict</li> <li>• I know what is bullying behaviour.</li> <li>• I can describe what a bully does.</li> </ul>	<ul style="list-style-type: none"> <li>• I can explain how groups of people suffer prejudice</li> <li>• I can explain different types of relationship and describe healthy ways to maintain them.</li> <li>• I can communicate my thoughts in a respectful way.</li> <li>• I can describe conflict resolution strategies.</li> <li>• I can explain appropriate sources of support and when, where and why to access them.</li> <li>• I can explain to someone how to avoid contracting STI's</li> <li>• I can describe to another person what 'consent' is and is not.</li> <li>• I can challenge discrimination, including online.</li> </ul>	<ul style="list-style-type: none"> <li>• I can compare different approaches about how to challenge unhealthy relationship behaviours.</li> <li>• I can interpret legal guidance surrounding cohesive behaviour.</li> <li>• I can evaluate strategies about how to manage bereavement &amp; loss and manage transition periods well.</li> <li>• I can positively respond to negative behaviours such as abuse and bullying.</li> <li>• I can challenge diversity and prejudice within peer groups and interpret these types of direct and indirect behaviours.</li> <li>• I can interpret unrealistic expectations on sexual activity (such as porn)</li> <li>• I can evaluate and compare different strategies to manage bullying.</li> <li>• I can explain tolerance and inclusion in situations.</li> </ul>	<ul style="list-style-type: none"> <li>• I can apply effectively the ways in which a person would respond to unwanted pregnancy.</li> <li>• I can independently evaluate the appropriate initiatives and supports services.</li> <li>• I can challenge diversity and prejudice within peer groups and interpret these types of direct and indirect behaviours on self-concept.</li> <li>• I can confidently evaluate strategies to cope with love bombing, gas-lighting and cohesive control.</li> </ul>

<b>Living in the Wider World</b>	<ul style="list-style-type: none"> <li>• I can recognise basic financial terms and what they mean.</li> <li>• I can identify my skills and qualities</li> <li>• I can match aptitudes to areas of work.</li> <li>• I can work effectively in a team</li> </ul>	<ul style="list-style-type: none"> <li>• I can challenge career stereotypes &amp; work related discrimination.</li> <li>• I can explain what budgeting is, why it is important and where to get help with financial decision-making.</li> <li>• I can explain different career paths including apprenticeships, voluntary, part &amp; full time work.</li> <li>• I can explain dishonest ways in which people acquire money.</li> </ul>	<ul style="list-style-type: none"> <li>• I can assess the validity of online presence and explain the link between this and employment.</li> <li>• I can summarise why goal setting and career planning is important.</li> <li>• I can explain what constitutes as 'Readiness for work' to someone else.</li> <li>• I can evaluate my own and others enterprise skills when working as a team.</li> <li>• I can summarise how risk taking behaviours, can be detrimental to personal wealth. (fraud, gambling, phishing etc)</li> <li>• I can interpret employment rights and responsibilities.</li> </ul>	<ul style="list-style-type: none"> <li>• I can apply effectively how to be enterprising and demonstrate clearly problem solving, teamwork, risk management, creativity decision making and communication.</li> <li>• I can set goals and create the steps needed to achieve them.</li> <li>• I can critically assess different media sources.</li> </ul>
<b>Citizenship</b>	<ul style="list-style-type: none"> <li>• I know what it means to be a global citizen.</li> <li>• I can talk about what causes climate change.</li> <li>• I can budget.</li> </ul>	<ul style="list-style-type: none"> <li>• I can explain the link between my behaviour and global issues.</li> <li>• I can work as a team to investigate local and global issues.</li> <li>• I can see my responsibilities and rights go together.</li> <li>• I can budget well.</li> <li>• I can describe how to be an active participant in school activities to influence and improve the culture, ethos, and environment for the good of the community.</li> </ul>	<ul style="list-style-type: none"> <li>• I can challenge the ideas of others with independent research and own moral thought.</li> <li>• I can assess the reasons behind my human rights and freedoms enjoyed by others.</li> <li>• I can assess the impact of my views values and assumptions on communities.</li> <li>• I can evaluate the importance of budgeting.</li> <li>• I can summarise how citizens work together to improve their communities, including influencing and engaging with States Members</li> </ul>	<ul style="list-style-type: none"> <li>• I can see how my choices and actions can lead to debt and show ways in which I would avoid this.</li> </ul>