

**PSHE Key Stage 4 Assessment Criteria  
2026**

	<b>Foundation Identify &amp; Recall</b>	<b>Developing Explain &amp; Describe</b>	<b>Secure Interpret &amp; Analyse</b>	<b>Excelling Respond &amp; Evaluate</b>
<b>Wellbeing and Health</b>	<ul style="list-style-type: none"> <li>• I can identify ways to promote PIES health.</li> <li>• I can give some reasons people make safe and unsafe choices.</li> <li>• I can list some support services</li> <li>• I can state why social media and other influences affect health choices.</li> <li>• I can identify the features of unsafe substances.</li> </ul>	<ul style="list-style-type: none"> <li>• I can explain my opinion with a one-sided argument</li> <li>• I can describe what contributes to a healthy concept.</li> <li>• I can describe why peers influence unsafe choices.</li> <li>• I can describe how support services support me.</li> <li>• I can explain the impact of social media on lifestyle choices.</li> </ul>	<ul style="list-style-type: none"> <li>• I can compare different strategies to managing pressure.</li> <li>• I can evaluate the benefits of comparative opinions.</li> <li>• I can evaluate the validity of sources of support and information</li> <li>• I can select the appropriate initiatives to support my needs.</li> </ul>	<ul style="list-style-type: none"> <li>• I can demonstrate different techniques to positively manage risks from peers.</li> <li>• critical evaluate and amend my actions as a response.</li> <li>• I can advise others with coherent and well-founded argument.</li> <li>• I can independently and confidently take action to promote emotional wellbeing.</li> </ul>
<b>Relationships</b>	<ul style="list-style-type: none"> <li>• I can identify different types of contraception.</li> <li>• I can recognise healthy and unhealthy relationship traits. (poor communication)</li> <li>• I can describe my views about the role of a parent.</li> <li>• I can see the responsibility surrounding pregnancy</li> <li>• I can identify pressure and expectations on relationships.</li> <li>• I know consent is needed in a romantic relationship.</li> </ul>	<ul style="list-style-type: none"> <li>• I can explain different types of relationship and describe healthy ways to maintain them.</li> <li>• I can show management techniques to challenge expectations of relationships</li> <li>• I can communicate my thoughts in a respectful way.</li> <li>• I can describe conflict resolution strategies.</li> <li>• I can explain appropriate sources of support and when, where and why to access them.</li> <li>• I can explain how different types of contraception suit different people.</li> <li>• I can explain to someone how to avoid contracting STI's</li> <li>• I can describe to another person what 'consent' is and is not.</li> </ul>	<ul style="list-style-type: none"> <li>• I can compare different approaches about how to challenge unhealthy relationship behaviours.</li> <li>• I can interpret legal guidance surrounding cohesive behaviour.</li> <li>• I can evaluate strategies about how to manage bereavement &amp; loss and manage transition periods well.</li> <li>• I can positively respond to negative behaviours such as abuse and bullying.</li> <li>• I can challenge diversity and prejudice within peer groups and interpret these types of direct and indirect behaviours.</li> <li>• I can interpret unrealistic expectations on sexual activity (such as porn)</li> </ul>	<ul style="list-style-type: none"> <li>• I can apply effectively the ways in which a person would respond to unwanted pregnancy.</li> <li>• I can independently evaluate the appropriate initiatives and supports services.</li> <li>• I can challenge diversity and prejudice within peer groups and interpret these types of direct and indirect behaviours on self-concept.</li> <li>• I can confidently evaluate strategies to cope with love bombing, gas-lighting and cohesive control.</li> </ul>

<p style="writing-mode: vertical-rl; transform: rotate(180deg);"><b>Living in the Wider World</b></p>	<ul style="list-style-type: none"> <li>• I can identify different next steps, pathways and careers.</li> <li>• I can identify some skills and attributes that employers value.</li> <li>• I can describe basic employment responsibilities.</li> </ul>	<ul style="list-style-type: none"> <li>• Careers teamwork aspirations enterprise</li> <li>• I can explain how to make informed decisions about next steps and career choices.</li> <li>• I can demonstrate a range of skills and attributes for employability.</li> <li>• I can describe a range of employment rights and responsibilities.</li> <li>• I can identify potential risks and benefits of decisions on finance and can suggest influences on financial decision making. (type of employment, career progression, unwanted underage pregnancy)</li> <li>• I can describe what it means to be ambitious and challenge career stereotypes.</li> <li>• I can communicate and summarise my qualities and skills through ROA completion.</li> </ul>	<ul style="list-style-type: none"> <li>• I can identify the correlation between career choice and aspirations to achieve a better life.</li> <li>• I can explain ways to benefit from positive online behaviours, assess and manage online risks and evaluate digital media sources</li> <li>• I can explain how to make informed career choices, and evaluate the appropriateness of different pathways leading to and from these choices.</li> <li>• I can interpret information, analyse career options, and set goals to navigate the application process successfully.</li> </ul>	<ul style="list-style-type: none"> <li>• I can demonstrate ambition, lead (or effectively participate in) enterprise projects and ensure career stereotypes are actively challenged.</li> <li>• I can analyse my strengths and areas for development with precision and insight, critically reflecting and acting appropriately to feedback.</li> <li>• I can independently apply my knowledge to respond to the challenges post 16.</li> </ul>
<p style="writing-mode: vertical-rl; transform: rotate(180deg);"><b>Citizenship</b></p>	<ul style="list-style-type: none"> <li>• I can identify local issues</li> <li>• I understand what makes a community.</li> <li>• I can identify my personal and community responsibilities</li> <li>• I understand why its important to be financially stable.</li> </ul>	<ul style="list-style-type: none"> <li>• I recognise my right and responsibly to be an active participant in society.</li> <li>• I demonstrate understanding of local laws and issues and why they have come about.</li> <li>• I can evaluate the benefits of being financially stable.</li> </ul>	<ul style="list-style-type: none"> <li>• I can identify a local community issue and work as a team to volunteer a consider solution.</li> <li>• I can identify the correlation between actions and the laws and explain how breaking the law is punished.</li> <li>• I can exercise my democratic right in lessons and the wider curriculum.</li> <li>• I can critically compare the different ways in which money is managed can help or hinder me.</li> </ul>	<ul style="list-style-type: none"> <li>• I can present a balanced argument about my role in society and the responsibilities I have with myself and on others and how this will impact my own and others future.</li> <li>• I can explain examples of how to claim my rights and meet my responsibilities as a citizen</li> </ul>