



LE ROCQUIER
SCHOOL

ACTIVITY WEEK

24TH - 28TH JUNE 2024



Le Rocquier School
Learn, Respect and Succeed



ABOUT PARENT PAY



Online payments for Activities Week with ParentPay

We are working towards no longer accepting cash and cheque payments, making the school a cash-free environment.

ParentPay is a more convenient way to pay securely for school trips and activities online using your credit or debit card.

You will have recently received ParentPay information and an activation email from us containing your activation details to enable you to set up your ParentPay account.

Parents will have the convenience of making payments for Activities Week through the ParentPay platform, giving you peace of mind that your payment has been made safely and securely.

If you have not received an email from us with activation details, please email: j.meyer@lrs.sch.je.

For further information on ParentPay please see visit www.parentpay.com



ORDER OF CONTENT

OFF-ISLAND ACTIVITIES

<u>Name of Trip/Activity</u>	<u>Cost</u>
Spain - Barcelona	£895
South of France	£980
Disneyland Paris	£710
London	£750

ON-ISLAND ACTIVITIES

- PART 1

<u>Name of Trip/Activity</u>	<u>Cost</u>
Island Walk	Free
Festival Fun on the Run	£26
Dinghy Sailing Week	£245
Surfing Waves Week	£180
Make a Pop Music Video	£21
Fun-Filled Pick & Mix	£320
Genuine Jersey	£102
Racket Week	£26

ORDER OF CONTENT

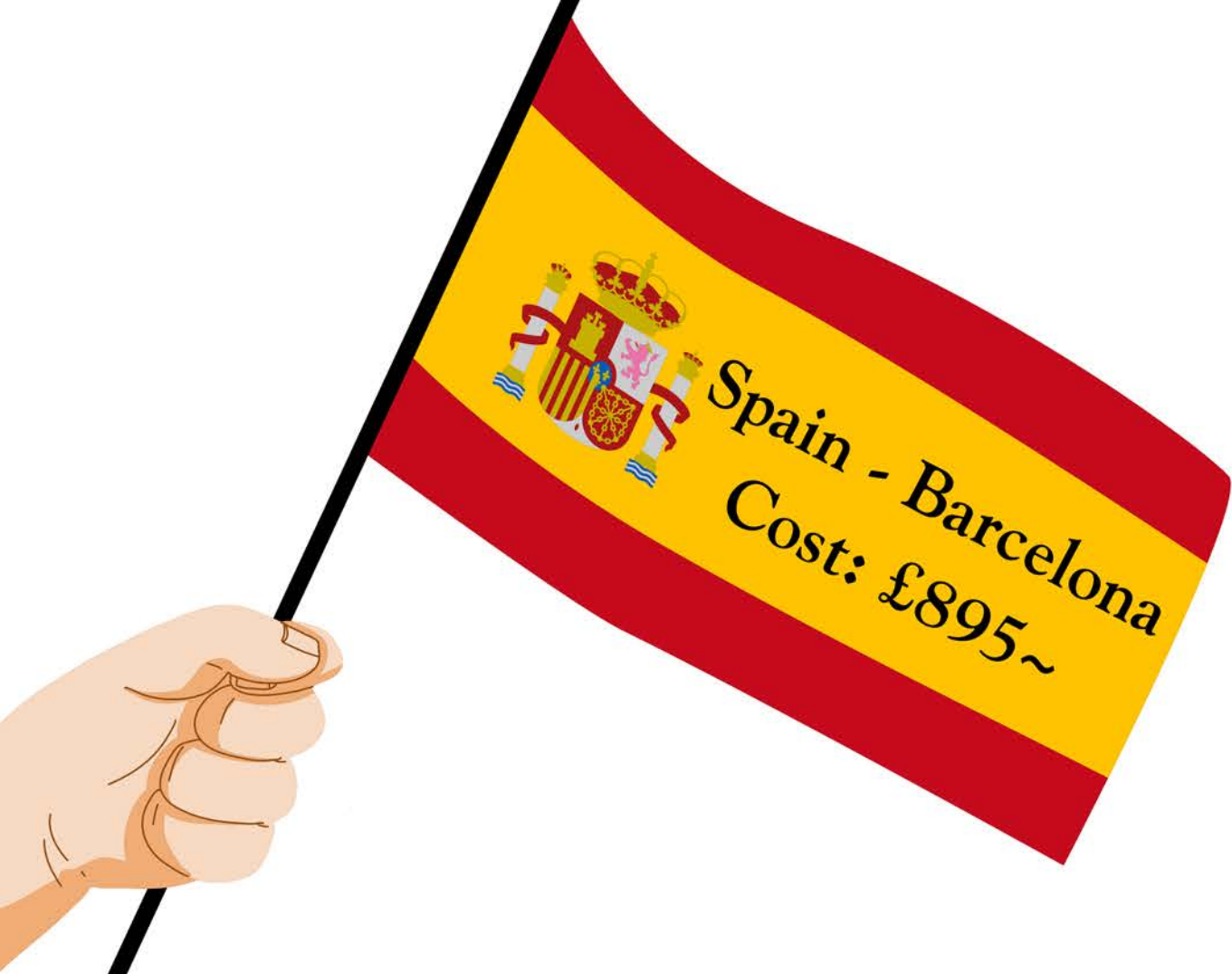
ON-ISLAND ACTIVITIES

- PART 2

<u>Name of Trip/Activity</u>	<u>Cost</u>
Golf Week	£280
Science Crest Award (Year 7 Only Trip)	£16
Horse Riding Week	£290
Absolute Adventures Week	£265
Wild Adventures Week	£205
Scalextric	£41
Art Week: Exploration of Art, Culture & Creativity	\$40
Craft Week	£6
Sport-a-Day	Free

PLEASE NOTE:

- PRICES ARE APPROXIMATE AND ARE SUBJECT TO CHANGE.
- A VALID PASSPORT IS REQUIRED FOR ALL OFF-ISLAND TRIPS.



Spain is filled with beautiful landscapes, rich culture and colourful cities, where fiestas and siestas are celebrated in equal measure. This trip to Barcelona will involve soaking up the Spanish way of life; sampling culinary delights, seeking out artistic treasures and admiring the beautifully diverse scenery of this amazing city.

We are hoping to visit the crazy Port Aventura World theme park and enjoy a wet and wild trip to a local waterpark. We will also visit the famous landmarks such as the Sagrada Familia, 'La Casa Mia' and Park Guell as well as taking moments to relax before we shop 'til we drop. The price will include the flights to Barcelona via London Gatwick, accommodation and the experiences mentioned above. All meals will also be included in the price but students will need to bring extra money for snacks, water and shopping.

For further information, please see Mrs Pinheiro.



Viva
España



South of FRANCE

Cost: £980~



Do you want to experience *la belle France* by water? Join us for 8 days in the beautiful Ardèche region in the South of France where we'll paddle our way through stunning deep gorges and experience thrilling white water rapids! After a day on the water, return to your 6 person cabin and swimming pool to relax before enjoying dinner and a range of evening activities at PGL Domaine de Segries.

The cost of this trip includes:

- Return foot passenger ferry from Jersey to St Malo
- Return coach travel between St Malo and our accommodation, PGL Domaine de Segries
- All meals provided
- 5 nights' stay at PGL Domaine de Segries in a dedicated 'cabin village' including swimming pool access.

- Full 5 full-day itinerary including:
 - Descending the Ardèche river by canoe
 - Canyoning
 - On-site activities such as treetop ropes course and archery tag
 - One day's excursion to a local place of interest
 - Evening activities with PGL staff on-site

For more information, please see Mrs Leblanc.



Paris



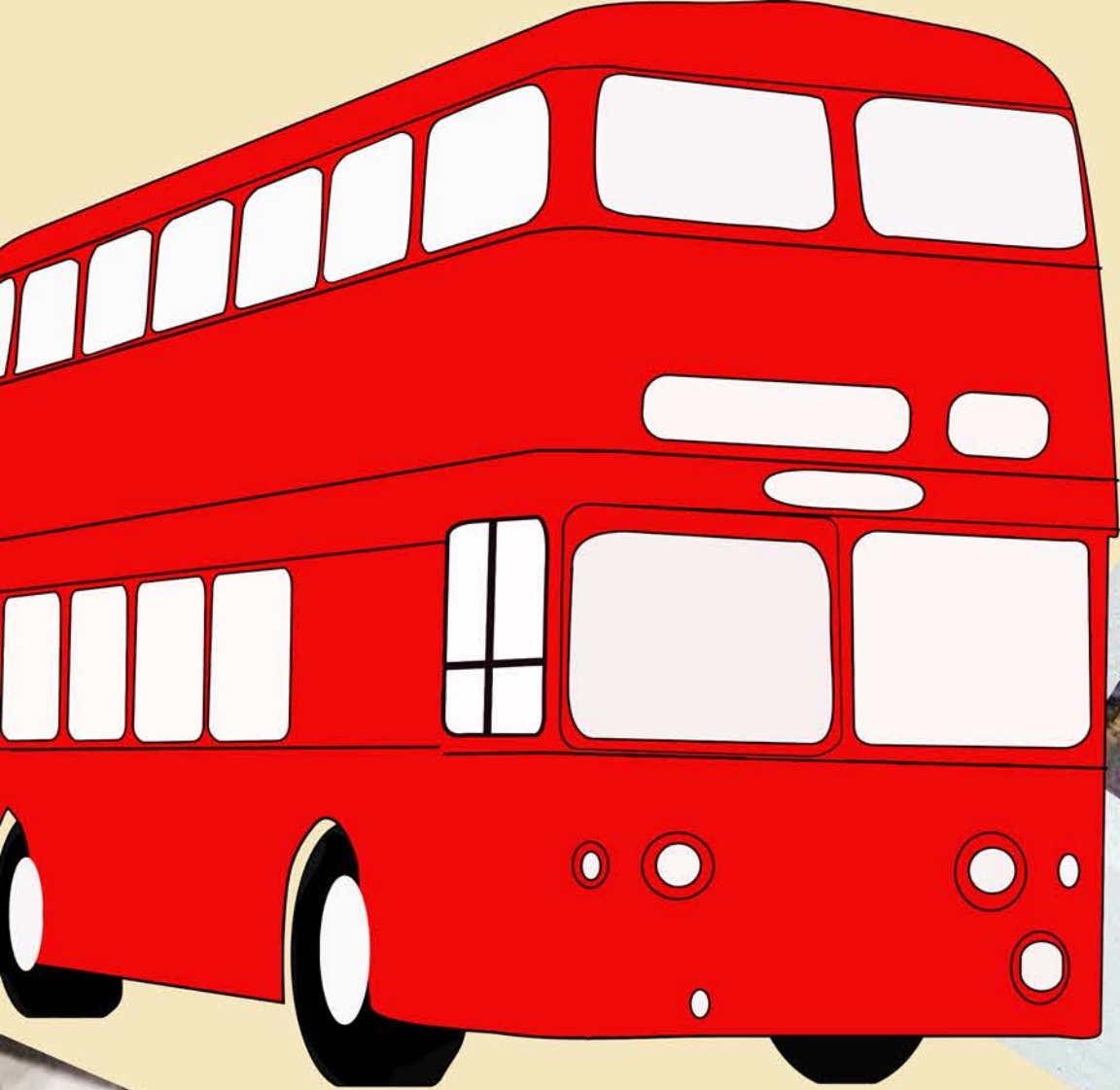
DISNEYLAND

COST: £710~



A magical trip to Disneyland Paris!
This trip will take place over 3 nights and 4
days where we will travel to Paris before
having two full days in Disneyland!

For more information, please see Miss Coles.



LONDON

Fancy a 'Wicked' trip to London? If you are a performing arts lover, then this trip is for you! Join Miss Roberts and Miss Martin on a 3-night, 4-day trip to the 'big smoke'! We will watch musicals, shop on Oxford Street, visit Shakespeare's 'The Globe' and learn how to fight on stage in a combat workshop, plus much, much more! So, what are you waiting for? You're hardly delving 'into the unknown'. Any thoughts on what we're watching?

For more information, please see Miss Martin & Miss Roberts.

Cost: £750~



Cost: Free (You make your own travel arrangements)

Island Walk

Have you ever considered completing Jersey's famous 'Island Walk' but feel it's too big a challenge? Over the course of a week, we will walk the full 48 miles of the Jersey coastline from the flat sandy coastline of the south-east to the dramatic, soaring cliffs of the north coast. Each day averages around 10 miles of walking. Along the way you will see parts of Jersey that you may never have seen before with beautiful views and amazing wildlife. We will pass some unique historical and cultural sites from prehistoric monuments to relics of the German Occupation of Jersey.

You will be required to get yourself to a different starting location every day, which will be on a bus route. There will also be scheduled buses to take you back to Liberation Station at the end of each day. We will not always be able to buy food along the way, so it is important that you are able to come with the food and water you need for the day.

For more information, please see Mr Perrier.

A vibrant, colorful poster for a festival. At the top, a string of colorful triangular bunting (yellow, orange, red, pink, blue) with smiley face emojis hangs across the frame. Below the bunting, the word "FESTIVAL" is written in large, bold, multi-colored letters (pink, orange, yellow, purple) with musical notes integrated into the design. Underneath "FESTIVAL" is the phrase "FUN ON THE RUN" in a smaller, outlined font. To the left of the text is a large, colorful, abstract spiral design. To the right is a green silhouette of the island of Jersey with black footprints leading across it. Below the island is a small pink flower pot with white flowers. At the bottom left, there is a rainbow beach umbrella and several musical notes (yellow, green, pink) with starbursts. At the bottom right, there is a small, cute, round character with a single eye and a smile. The background is a solid teal color.

FESTIVAL
FUN ON THE RUN

COST: £26

This activity is all about creativity and exploring!-

- Make a den 'glamping' or 'dungeon' style in the woods
- Create your own festival t-shirt, festival hat, positive bunting, even life-size wall art (and much more!)
- A trip to the zoo
- A trip to Samares Manor to make bread in their ovens
- Bring your own tunes for us to share and dance to

Venue: Different youth clubs around the island where we will make & create.

For more information please see Mrs Dingle.



Dinghy Sailing Week

Cost: £245

Taking place at St Catherine's Sailing club, experienced and qualified instructors will guide you through the levels using different types of dinghies appropriate to your age and ability.

A 9am start with a classroom briefing for the day followed by dinghy sailing, and on-water activities. Lunch will be ashore; sailors can use the nearby Breakwater Cafe or bring their own packed lunch and sit in the club house outdoor seating area overlooking the picturesque bay. The afternoon will be made up of further practical sailing experience, followed by a debrief on the day's events.

Sailors should have their own wetsuits, wet shoes and spare clothes. Buoyancy aids can be provided.

Cost includes temporary (3 month) membership to the club, should you wish to continue using the club boats through the summer months.

Students are expected to make their own way to and from St Catherine's Sailing club. There is a bus at regular times each day, though cycling is recommended on this quiet route.

For further information, please see Mr Horton.

Surfing Waves Week

Cost: £180

Come and learn to surf! We aim for 2 surf sessions per day with lots of beach activities to include rounders, volleyball and football. You will also learn about beach safety, wave formation, rip currents and some basic first aid.

It is important that you can swim at least 100m, which is 4 lengths of a pool. Transport to and from school included.

For more information, please see Mrs Stier.





MAKE A POP MUSIC VIDEO



Cost: £21~

In this activity you will be shooting and editing your own pop music video using an iPad. There will be two off-site location film shoots at places like a the forest or the beach.

You will learn about story boarding, camera angles, compositions, the rule of 2/3rds, editing techniques, transitions, acting, lip syncing and special effects.

For more information, please see Mr Hiles.

FUN-FILLED pick & mix - cost £320

A week packed with fun activities; this is a great way to create long lasting memories of Le Rocquier. You will be taking part in loads of different activities including water based and adrenaline based! It just gets better and better! Get yourself signed up if you're after an action packed week, that will have you smiling from ear to ear.

For more information, please see Mr Logue.



Fun week filled with loads of different activities that include:

- Creepy Valley water-based Activities
- Paddle Tennis
- Cinema

And more!..

Genuine Jersey

Cost: £102~



Pottery

Chocolate Making



The 'Genuine Jersey' activities week is a chance to explore all the amazing creations that this island produces - from chocolates and cakes to jewellery and pottery, we've got it all on this little rock! So, if you're a bit of an artist, have big dreams of one day selling your own crafts or just (like Mrs Morlidge) want to make some yummy treats, then this might be the activity for you! The week will involve visits to local 'Genuine Jersey' producers with live demonstrations and workshops. You'll even be able to make your own Genuine Jersey creations - perhaps this will be the start of your own small business!

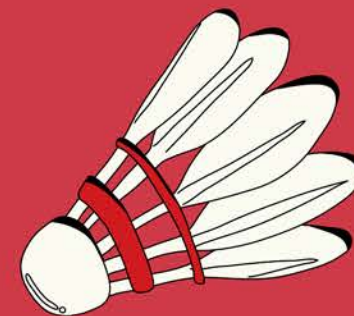


Jewelry Workshops

For more information, please see Mrs Morlidge.



RACKET WEEK



INCLUDING:

- TABLE TENNIS
- BADMINTON
- PADEL TENNIS
- SQUASH
- TENNIS

COST: £26 PER PERSON

Ran by: Miss Espana and Mr Goulding

Throughout the week, you will learn how to play a different racket sport every day. With the most of the week being spent off-site, you will get to play at the island's best facilities for many racket sports training on the same courts that the island teams use.

Included in your £26 package is all the transport, equipment hire, and coaching you'll need to start your journey from beginner to expert!

For more information, contact either Miss Espana or Mr Goulding.





Golf week

Cost: £280~

Pursuit of perfection. The beautiful game. Precision, elegance, respect and humility make the sport an endless school of life. All things said of the amazing game that is golf. We again call to all golf enthusiasts, students that watched and enjoyed the Ryder Cup and share our love for GOLF! We are looking at doing the Golf Week again!

Mr Elston and I are excited to have secured two of the top professionals on the Island to help students improve their games/learn more, with a week of golf at various different venues on the Island. We will be playing mini competitions, there will be prizes awarded for the straightest drive, nearest the pin, putting and of course winning the daily competitions out on the course. We will mix it up with bit of crazy golf on the Friday morning to fully test out their putting skills and will be playing the Les Mielles course in our grand finale.

Please note that this activity has limited places due to the nature of the sport (playing in small groups on a golf course). Students will require their own clubs, appropriate golf attire and footwear. If you need advice on clubs/equipment, please come and see either Mr Elston or I. Equipment will not be provided.

Students will need to be able to be dropped off and collected from each venue; Longville Driving range, Wheatlands Golf Course and Les Mielles Golf course (where staff will be waiting for them), details to follow on which days at which venue.

The cost includes unlimited balls at the range, professionals for 5 hours a day, course fees & crazy golf rounds.

For more information, please see Mr Osborne & Mr Elston.



Science Crest Award

(Year 7 Only)

COST: £16~

Interested in science? Why not join us in the science department for a week of fun science activities leading to the Bronze Crest Award for pupils who have completed all tasks.

You will be working on a group project with others from your year: planning for an investigation and carrying out smaller science practical activities which works towards your final larger practical at the end of the week.

During the week you will gain extra skills needed in a science lab and will learn to use equipment needed for the tasks. There is a choice of investigations which we will vote on as a group closer to the time, but these could be:

- Which crisps are crispiest? - Chemistry and Biology
- Making your own fizzy drink - Chemistry
- Bath bomb challenge - Chemistry
- Insulating fabrics - Physics
- And many more.....

For more information, please see Mrs Tierney.



HORSE RIDING WEEK



Cost: £290~

COME AND LEARN TO RIDE! PERFECT FOR EXPERIENCED RIDERS AND PEOPLE WHO HAVE NEVER SEEN A HORSE BEFORE! YOU'LL LEARN THE BASICS OF RIDING, TAKE PART IN COMPETITIONS, AND LEARN HOW TO LOOK AFTER HORSES!

AMAZING INSTRUCTORS WILL HELP YOU BECOME COMFORTABLE ON HORSEBACK IN NO TIME, LEARNING TO JUMP, PERFORM AND SHOW OFF YOUR NEW SKILLS. YOU'LL BE PROVIDED WITH SAFETY EQUIPMENT BUT WILL NEED TO WEAR TIGHT TROUSERS (SKINNY JEANS, LEGGINGS ETC.) AND WELLIES OR WATERPROOF SHOES FOR WORKING IN THE FIELDS. IF YOU ARE A MORE ADVANCED RIDER, YOU'LL LEARN TEAMWORK, LEADERSHIP AND TRYING OUT MORE IMPRESSIVE RIDING SKILLS, ALONGSIDE SHOWCASING YOUR ABILITIES!

THE WHOLE WEEK WILL CULMINATE IN A BIG JAMBOREE, A BUNCH OF GAMES ON HORSEBACK TO DISPLAY YOUR NEW SKILLS AND WIN PRIZES!

FOR MORE INFORMATION, PLEASE SEE MR TAYLOR-CAPJON.

ABSOLUTE ADVENTURES WEEK

COST: £265

The absolute adventures activity week offers 5 full days of water sports activities and adventures run from St Brelade's Bay. Over the week you'll explore the caves and coves of the southwest coast by kayak, learn to paddle board, head out on rib tours, go on inflatable rides and make a splash coasteering and cliff jumping. Every day will be different but the team of instructors at absolute will make sure you have a great week trying new activities and building your confidence in the water.

You do need to be able to swim to sign up for the week and you'll need to have swimwear and shoes you can get wet like aqua shoes or old trainers. All other equipment, including wetsuits, will be provided by absolute adventures.

For more information, please see Mr Davies.

WILD ADVENTURES WEEK

COST: £205

An action-packed week of adventurous activities from Coasteering, Rock Climbing, Abseiling, Kayaking, Paddle-Boarding, Boogie Boarding, Bushcraft, Shelter Building, Archery, Orienteering, Raft Building & more!

This week will make you see the outdoors in a whole new way. Join your adventure guide Kazz in an outdoor experience you will never forget.

Transport to and from the school is included.

For more information, please see Miss Bensaid.



SCALEXTRIC BUILD & RACE



Help build a stunning slot car track with scenery and then race to become the Le Rocquier Grand Champion. We will learn how to service the cars, how to get the best performance. Slowly build your racing skills in a variety of competitions, from full Grand Prix to short speed and skill tests. You will be expected to help with all scenery construction and maintenance. Have fun and relax in the world of model racing.

Limited Number of Places

For more information, please see Mr Lawrynowicz.

COST £41: INCLUDES ALL RESOURCES TO BUILD AND RACE

Art Week:
Exploration of Art,
Culture & Creativity

Cost: £40

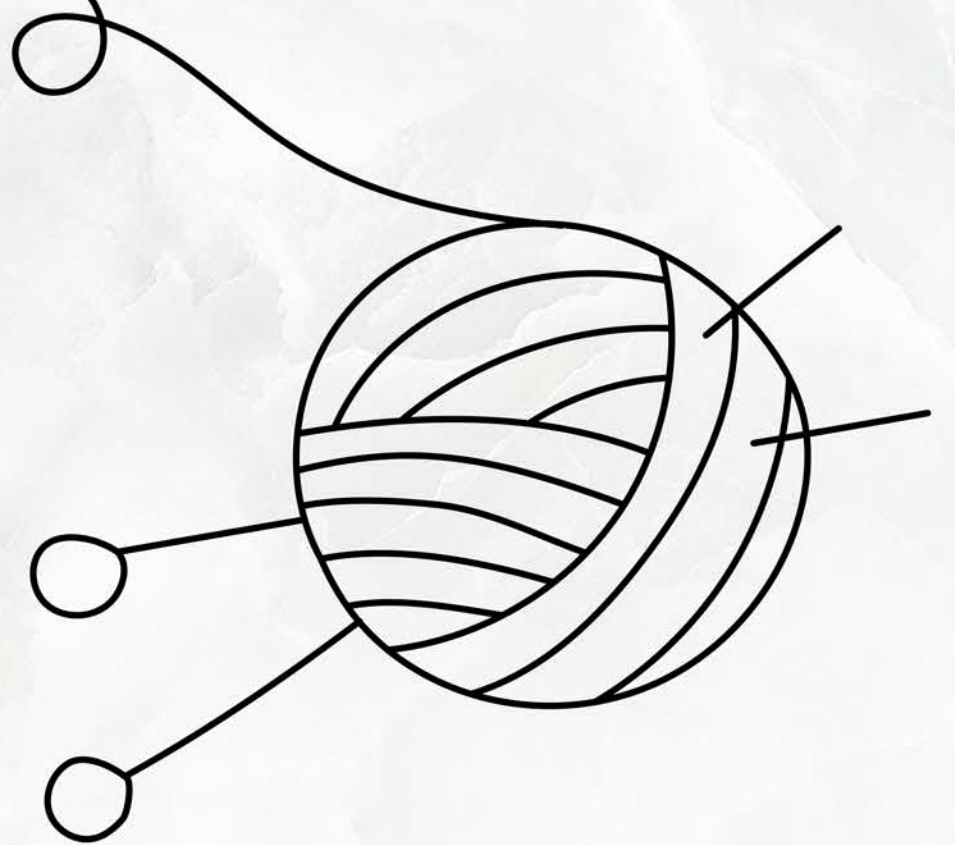
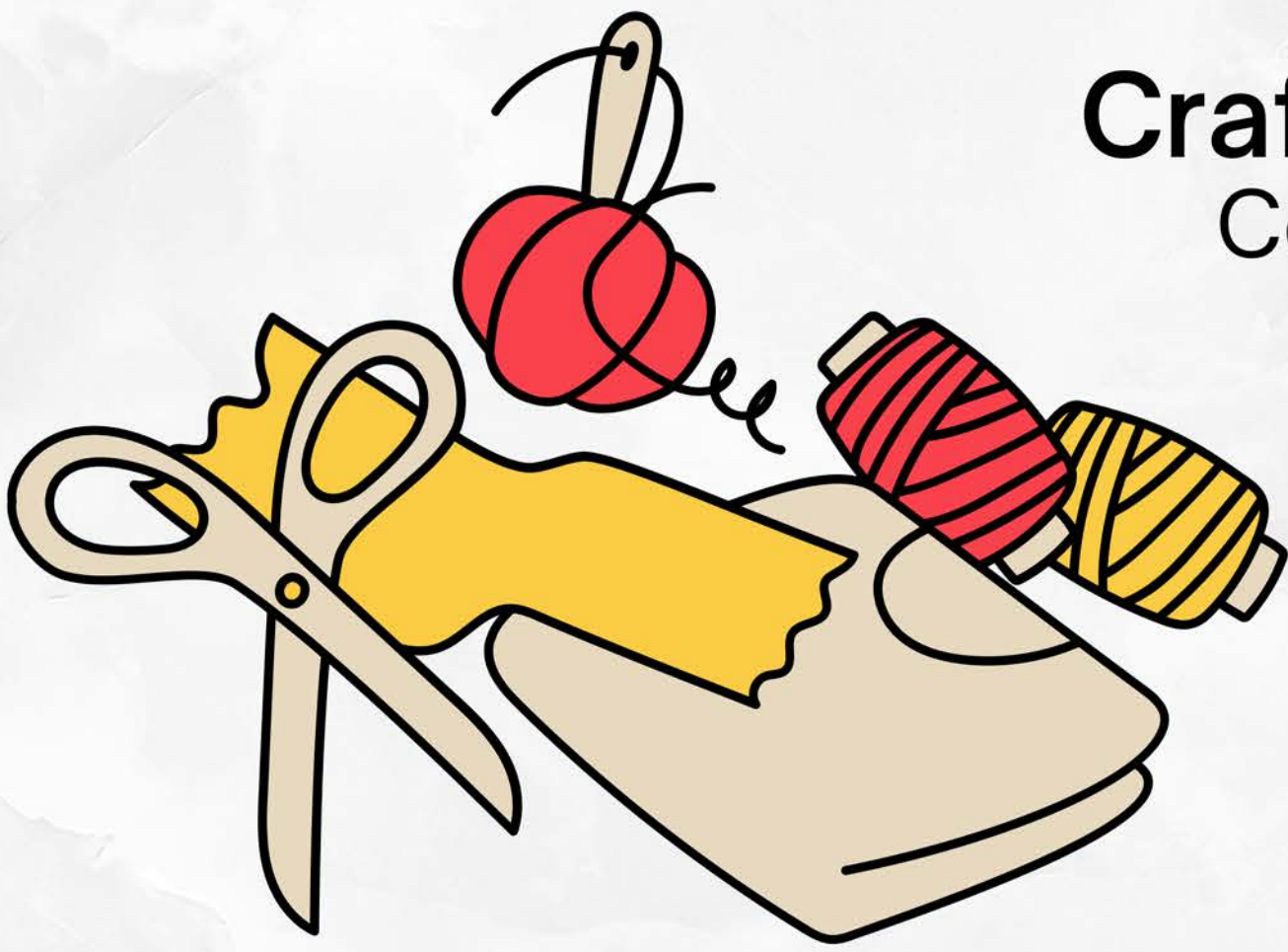
Students will be working on various exciting art projects in and out school using a wide range of new materials and processes.

We will be visiting galleries and public art and spending a day at the Harbour Gallery in St. Aubins. This will combine in a fantastic exhibition at the end of the week displaying the incredible experiences from the week.

For more information, please see Miss O'Haire.

Craft Week

Cost: £6



Ever wanted to try something new? In this activity, you could:

- make your own paper or decorate paper for gifts;
- try rag-rolling and spongeing: great for interior decoration paint effects;
- get those knitting needles and crochet hooks on the go: beginner or experienced;
- make friendship bracelets to keep and give away;
- create salt dough models and designs, with decoration;
- make pictures from seaweed, beach products and upcycled trinkets: any combination.

Venue: school-based.

For more information, please see Miss Schenk.





Sport -a- DAY

Enjoy an active activity week!

Discover a selection of sports throughout the week, with the chance to try something new every day.

We'll be playing different sports, hitting the gym, and maybe watching the odd movie too.

You can challenge yourself with conventional sports like football, badminton and rounders or fun activities like tug-of-war, giant volleyball, obstacle courses or even welly-wanging and three-legged races!

For more information, please see Mr Wood.



COST: FREE!

